

Use this calendar to track the miles you and your furry friend cover this September. Make a note of your walks as you clock up your 43-mile goal.

We'd love to see how you're getting on, so please take lots of photos and share with us on social media:

## #WalkiesTogether



**f** /bowelcanceruk

@bowelcanceruk

Thank you for being part of Walkies Together – and thank you to all your sponsors for their support!

## Put your best paw forward!

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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